



The Weekly Wave

Father Lopez Catholic High School

October 25, 2019

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www.fatherlopez.org

[Click here for more info!](#)

Father Lopez Catholic High School

**OPEN
HOUSE**

November 10
1-3 pm

Upcoming Events

Saturday, October 26

Cross Country @ 1A District 3
Meet @ Santa Fe College;
Swimming @ 1A District 3 Meet
@ Trinity Prep (Winter Park), 2p

Tuesday, October 29

College Reps @ Lunch

Wednesday, October 30

Swimming @ 1A Region 1 Meet
@ Bolles High School, 2p

Thursday, October 31

****Spirit Day Dress****

Friday, November 1

MASS DRESS - All Saints Day Mass;
Girls' Golf - [Lisa Collee](#) @ FHSAA
State Tournament; Cross Country
@ FHSAA Region 2 Meet, 7a

Saturday, November 2

TBD: Golf @ FHSAA State Tourney

Sunday, November 3

Daylight Savings Time Ends



From the Principal's Desk

Dear Lopez Families,

I sent a message out to teachers today to remind them that our seniors are in the thick of college application season. For those parents who have seniors, you know exactly what I am talking about. For Junior parents, I am sure you have heard something about this, and for underclassmen, you may not even be aware that November 1st is a major college application deadline. Each year, seniors are stressed to the max getting all their ducks in a row for their applications. They have to procure letters of recommendation, fill out applications, submit their scores and write an epic college essay.

For all our students, and especially our seniors during this time, it is important to find ways to reduce the stress. One thing that experts recommend is celebrating small accomplishments. Perhaps, it wouldn't be helpful to have a party every time your student passes a test, but you can find small ways to pause and celebrate achievements like going up a letter grade in a difficult subject. As you know, moving up a letter grade can be the result of many weeks of hard work. Taking the time to acknowledge that achievement can refill the tank for the next big hurdle. The same is true with college applications. As we draw near the end of this big application push, try to find a way to commemorate, and celebrate, that this piece of the journey is complete.

Last year, a few students who were waitlisted endured this process twice by needing to provide follow up information to their schools. I remember speaking to one of these students last year about how they were dealing with the stress, and the waiting. I will never forget her response. She said, "I feel confident that I have done everything that I can do and that's all I can do." This student eventually received the good news of her full acceptance, but that is not always the case. Her realization that she had done her best helped prepare her for any outcome and this is what we try to convey to all our students.

Please pray for all our students, for an ease to their stress and for their continued strength to strive every day toward new heights. Also, please pray especially for our seniors who are doing their best to complete these applications. May these electronic files of scores, essays, and grades being sent out all over the country this week truly and effectively communicate the remarkable students they are meant to represent.

Peace be with you,

Leigh Svajko
Principal

AMERIGAS SCHOOL DAYS PROGRAM

AmeriGas [School Days are here!](#) AmeriGas is offering FLCHS the opportunity to earn up to **\$2,000 per school year** and **we need your help**. We can earn \$.02 for every gallon shown on **your** AmeriGas receipts. Turn in your **ORIGINAL** residential or commercial receipts to us - - collection boxes are in the front office and Student Services -- and we'll do the rest. Thank you for your help! [Click here for the flyer.](#)

AMAZON SMILE

Designate Father Lopez as your charity of choice via [Amazon Smile](#) and Lopez will receive .05% of your eligible purchases! Happy shopping!

CONGRATULATIONS

College Acceptances

We are pleased to announce our first college acceptances of the year! Congratulations to the following seniors:

Lisa Colee
Stetson University

Morgan LoDolce
Flagler College

Alexis Manchisi
Santa Fe Community College,
University of South Florida

GUIDANCE & COLLEGE PLANNING CORNER

Students! Keep working hard on those college applications. All your hard work will pay off soon enough.

Got accepted? [Record your acceptance here](#) for a shout out in the Weekly Wave and a flag on the wall in the Ed Building!



COLLEGE REP VISITS TO LOPEZ

College reps are scheduled to visit on Tuesdays during lunch. They will be set up in the back of the cafeteria so that students from all grade levels may visit. The following visits are currently scheduled:

10/29: Stetson University, U. S. Army, U. S. Navy

11/5: Florida Technical College, Rider University

OFF CAMPUS EVENT: [Johnson & Wales University](#) - 11/10, 1-3p



SCHOLARSHIP OPPORTUNITY

The Knights of Columbus Essay Contest is open for all 9-12th graders and runs from October 21 through November 1. Students should see their Theology teacher or Mrs. Fisher for an application form and/or more information. *There will be a winner from each grade level!*



** Change in Spirit Dress Day **

Friday, November 1 is a Mass day - appropriate Mass dress is required. Spirit Day is moved to Thursday, October 31.



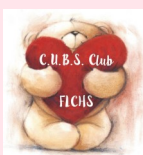
Application Deadline

The deadline for students to submit applications for the Dominican Republic mission trip is November 8.

FIREFIGHTER Chili Cook Off



[Chef Ray Bailey](#) will be competing in the chili cook-off at the [Ormond Beach Firefighter Fundraiser](#) tomorrow night. The event runs from 5-8pm and includes a variety of fun activities. Stop by to have a good time, support our local firefighters, and cheer on Chef Ray!



C.U.B.S. Club Service Project

C.U.B.S. (Children Uplifted by Students) members are seeking donations for an upcoming service project. This year, the club is going to create "Get Well Bags" for the children who are spending time in the [Speediatrics](#) Unit at [Halifax Health](#). Club members hope to help give children a better experience while they are receiving treatment in the hospital. Below are some items that are being requested. All donations to help fill the bags are greatly appreciated!

Coloring books

(for younger & older children)

Small Craft kits

Soft/fuzzy socks

Crayons

Play-Doh

Bubbles

Small Lego sets

Travel games

Playing cards

New or Used DVDs
(rated PG-13 or below)

Stickers

Stress balls

Pinwheels

50-100 piece puzzles

Crossword, Sudoku, or word
search puzzle books

Gently used books

Have questions or need more information?

Please contact [Megan Meneough!](#)